



**ABC DATA SHEET**

Observer Name: \_\_\_\_\_ Date/ Time: \_\_\_\_\_

Target Behavior 1: \_\_\_\_\_

Target Behavior 2: \_\_\_\_\_

<b>Date</b>	<b>Time</b>	<b>Antecedent</b> <i>(What happened right before the behavior that may have triggered the behavior?)</i>	<b>Behavior</b> <i>(Target Behavior)</i>	<b>Consequences</b> <i>(What happened right after the behavior?)</i>	<b>Additional Notes</b> <i>(Duration of behavior, intensity of behavior etc.)</i>

Need more support understanding the functions of the behavior targeted for change, reach out & schedule a free 30 min consultation with us.  
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